



Friday
February 09, 2024

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

Attention Grade 12's

Grad Wear store has been re-opened! Last chance!!!



<https://store.passionsports.ca/hwssgrad2024>

Store closes Feb 18th

Orders arrive approx. March 8th



International Student Renewal Deadline

Attention International Students who are up for renewal: The deadline for International students to pay program fees for the next school year is March 1, 2024. Students are not guaranteed their place in our school after this date.

The firm deadline to have money received via bank wire, cheque, or credit card is March 1, 2024. Students who pay late will pay a \$500.00 penalty and may lose their school placement.

Please see Ms. Lee if you have any questions.

Anonymous Candy Grams

SEND AN ANONYMOUS MESSAGE AND
CANDY GRAM TO SOMEBODY THIS
VALENTINE'S DAY!

\$2

Sale FEB 8, 9 & 12 @
Lunch in the Grand Hall

*Will be delivered on the 14th blk 2 (make sure you know their room #!!)



Hosted by the
Student Council



CELEBRATE RAC!

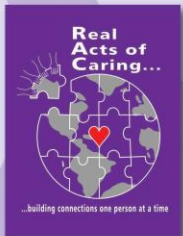
Real Acts Of Caring (RAC)

with a Mental Health & Wellness Focus

February 11 - 17, 2024



*Do something caring
and kind for another,
our environment
and yourself!*



Promoted by: Students in RAC

Are you looking for a great way to promote positive leadership in your school community?

Set up a RAC Club! This year, the RAC Steering Committee will be forwarding any RAC donations to Mental Health and Wellness workers. Email us at hchang@sd43.bc.ca to share your high resolution RAC photos and story explaining how you celebrated RAC Week February 11-17, 2024 and we will share what you have done on our RAC website at www.realactsofcaring.org.

RAC Week is February 11-17, 2024

RAC was created by grade 4 and 5 students in the Coquitlam School District in 2005 and is doing something caring and kind and not expecting anything back.

SD43 leadership students are lobbying with local and provincial governments to have RAC Week recognized in our community. RAC has spread all over BC and beyond. This year the focus of RAC Week is Mental Health and Wellness and we are encouraging as many students as possible to get involved in supporting this goal.

Leadership students are also encouraging students to wear the colour PURPLE during RAC Week.

Please see our RAC website for more information about RAC and how to get involved <http://www.realactsofcaring.org>.



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CLUBS





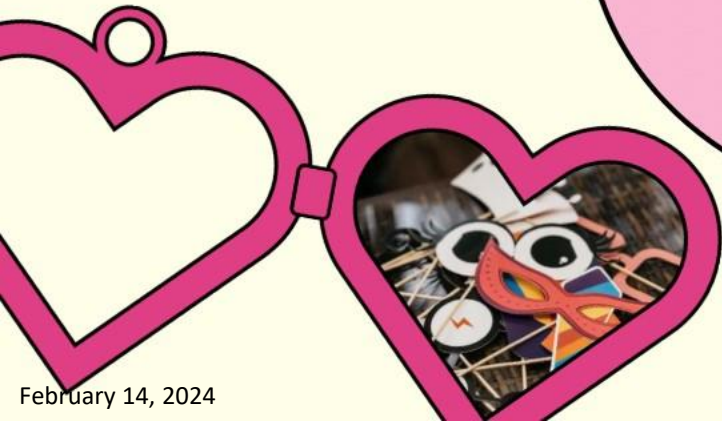
Valentines photobooth



Feb 14 (Wed)
Lunch @Grandhall

Price: 1-4 ppl - \$2
(per group) 5+ ppl - \$4

Receive: 3 emailed pictures
and 1 printed picture



WYNS CLUB

Unipath Club

Interested in pursuing a post-secondary education?

We provide:

- info on university application process
- assistance with building a strong academic resume based on the major of your choice
- rewarding volunteering opportunities

See us on club day for more info!

teams code: ka6y7rt



Friendship Bracelet Club Presents:



Valentine's Day Heart Bracelet Fundraising

Handmade & adjustable bracelets!

Support BC Children's Hospital (all proceeds are donated!)

- **\$5.00/bracelet** (approx. \$10~20 on Etsy stores)
- **Pre-order forms** are available! Submit them by Feb 8th!
- Sale on **Feb 14th, at Lunch, in Grand Hall**



Scan for
Pre-order Form:





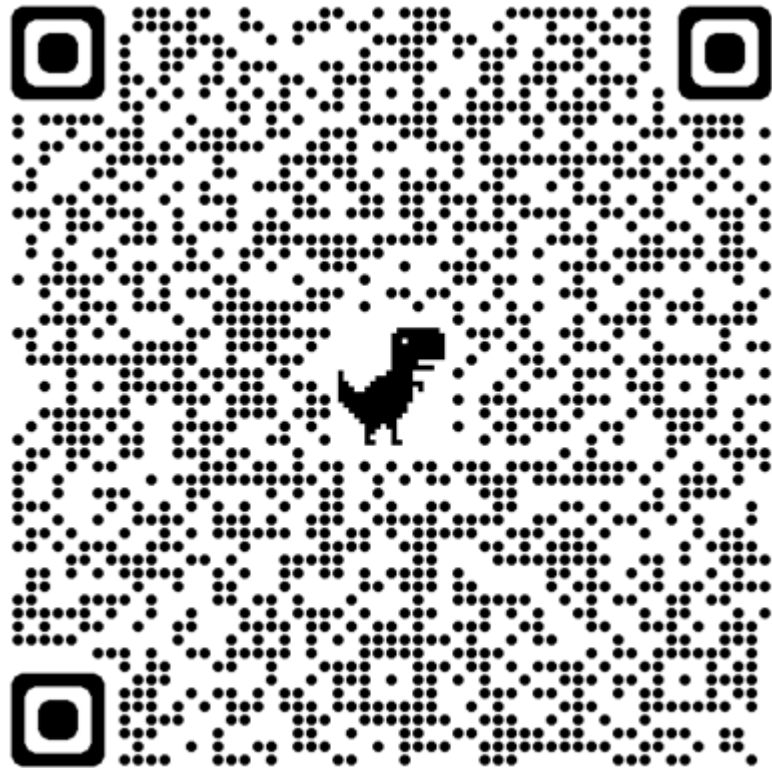
Debate Club

- Are you interested in the world of politics, philosophy, and international affairs? Then, the Debate Club is for you.
- **Tournament with \$50 Prize!**
- **Topic: Is western society too focused on the individual?**
- When: Thursdays, Room 235, Lunch
- Why: Mental stimulation and it looks great for University application.

KODIAK ATHLETICS



Interested in the Mountain Bike Team? Sign up using the QR Code



2023-2024 BCSS Scholarship

**The application deadline is
May 3rd at 4PM**

**The scholarship package can be
found on their website:**

www.bcschoolsports.ca



2023-2024

SCHOLARSHIP PACKAGE

**APPLICATION DEADLINE:
MAY 3, 2024 AT 4PM**

DAVE GIFFORD MEMORIAL

BCSS ZONE

BERT & GRETA QUARTERMAINE BADMINTON

INDIGENOUS STUDENT-ATHLETE



Junior Girls Soccer

Tryouts: **Mon Feb 26 & Wed Feb 28**
afterschool 3:30-5:00pm on the field.
You must come ready to play with your
gear.

Sign up here:



Questions? Come talk to Ms. Jarvis and
Ms. Kim





Congratulation to the HWSS Wrestling Team for a successful 2024 Alberni Tournament!

Junior Division

Isabel, junior girls, 47kg, Bronze.

Reece, junior boys, 66kg, 4th.

Jayden, junior boys, 66kg, 5th.

Senior Division

Nate, senior boys, 70kg, Gold.

Markus, senior boys, 63kg, Silver.

Brigsby, senior boys, 90kg, 6th.



CAREER CENTER



Interested in Policing?

- The Port Moody Police Department is hosting a free program for youth in Grades 11-12.
- The program is designed to introduce students to policing as a career and will allow students to earn volunteer credits (30 hours) that you can apply towards graduation.
- The program will be run out of the Port Moody Police Department on St. John's Street
- See Mr. Aitken in Room 240 or Mrs. Pavan in Room 209 for more information and to pick up an application sheet. Application deadline is February 28th, 2024

